EQUINE STUDIES

Functional Horse Training

Combining art with science to establish optimal movement

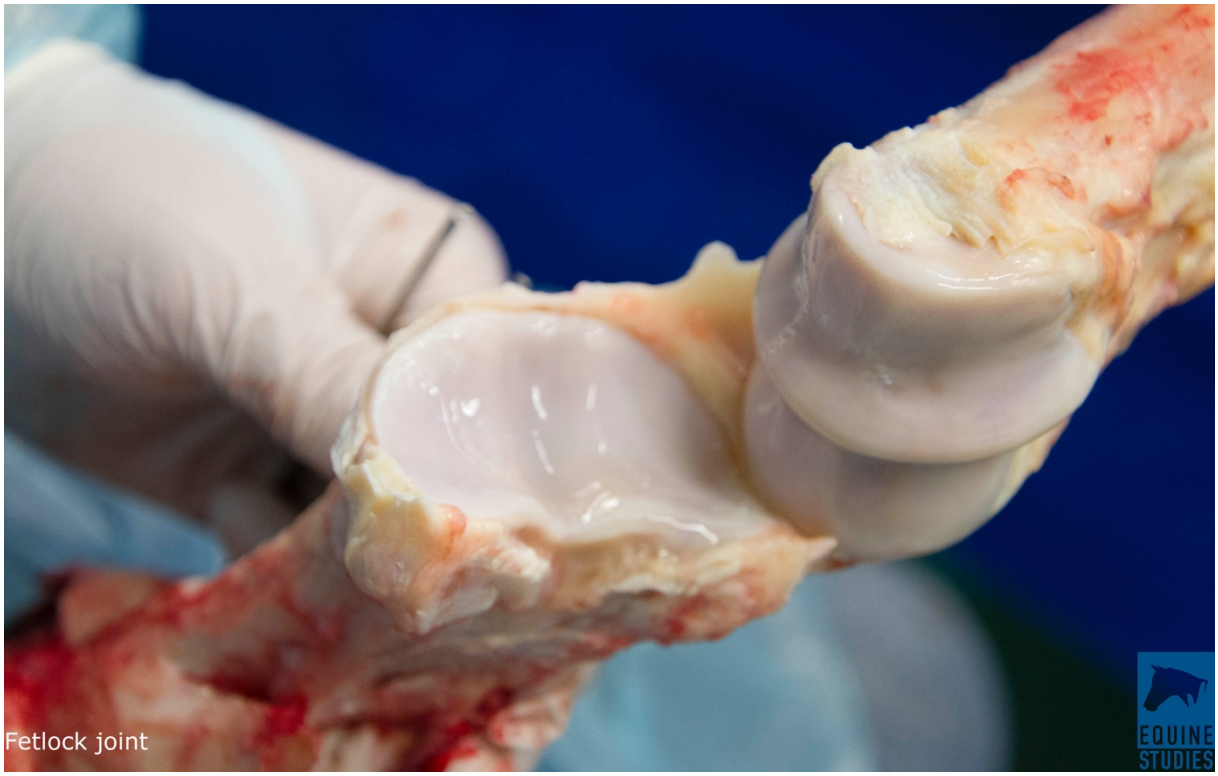
Have you always wanted to learn from the horse ‘’inside-out’’? From **December 4th-6th 2021** the renowned team of Equinestudies will travel to South Africa for the unique experience of a 3-days Whole Horse Dissection. Read below to not miss out on this opportunity!

****FORMAT****

The horse is a fascinating being. We can build a lifelong partnership in true harmony with a creature that is so majestic and powerful. At the same time, the journey can be complex as a horse can’t speak our human language and we often misread / don’t understand the signs what horses are trying to tell us and. We often hit many bumps in road like injuries, trauma, fear, stress, disconnection etc.

Although issues are mostly hidden in a deep place, we're often able to see and feel them from the outside. When you pay attention to these details, you'll be able to discover a treasure of information right under your eyes.

During this course you'll make a journey through the life story of the horse and learn to read it 'inside-out'. The facts will be unraveled before your eyes, and you're allowed to feel everything to develop a better understanding of this fascinating being 'horse'. The dissection will have a very interactive nature with an entire team of specialists to answer all your questions and to perform practicums with you, including the effect of several bridles, bits, and saddles on locomotion of the horse.



****COURSE DETAILS ****

This dissection will be a truly unique and life changing journey through the horse from 'inside-out'. It is a must for veterinarians, therapists, saddle / bit fitters, hoof carers, trainers

and passionate horse lovers who want to understand and experience the horse from a holistic (whole body) approach on a deeper level.

Each day we will tackle different parts of the body.

Day 1 we will study the head, parts of the neck, the shoulder, the front limb, and the digestive system.

Day 2 we will study the deep layers of the neck, shoulder, front limb, and hoof. We will also perform an exercise showing the effects of the bit and different bridles, including a bit less bridle, on the hind end and back. We will also start with the organs and the beginning of the back.

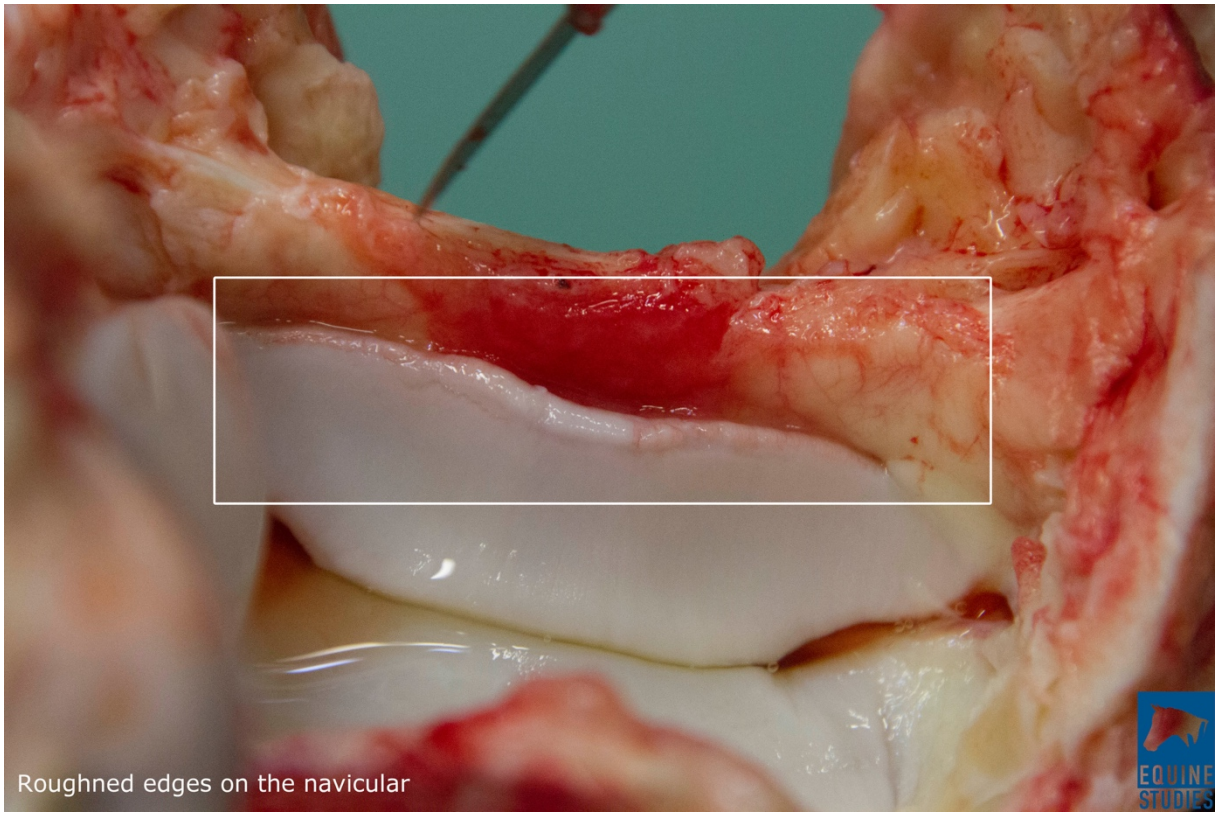
Day 3 we will study the heart and lungs, hyoid, brain, the back, the hind quarter, and hind limbs.

An extensive manual of 120 pages will provided for. On top, a professional photographer will make beautiful pictures of all-important structures and findings will be provided for free after the module.

Under the experienced guidance of the team of Equinestudies (internationally renowned researchers educated by Sharon May-Davis – www.equinestudies.nl) you'll be investigating the different layers of the horse, how they function separately and how it's intertwined with the whole body at the same time. At the same time, the latest scientific research will be presented to you.

You'll get a unique opportunity to experience the effect of different kinds of bits in the horse's mouth on the movement of the hyoid and on the hind- and front legs. The influence of the saddle on the range of motion will also be demonstrated. The goal of the dissection is to learn the horse 'inside-out' so that less horses will end up on the table in the future. Therefore, during these days we'll pay ultimate respect to the horse as it unravels its life story before our eyes. We will be able to see and feel what the horse couldn't tell us. By

doing so, we'll give the voice back to the horse. The horse will be our greatest teacher during these 3 days, and we'll be honored to guide you through.



****SUBJECTS IN THIS COURSE****

- Fascia
- Muscle layers and their function and connections
- Joints and attachment of muscles
- Tendons and ligaments
- Veins
- Head, hyoid and nerves

• Lymph nodes

• Vertebrae's

• Organs & Digestive system

• Tack influence on movement

****DATES & TIMES ****

December 4th – 6th 2021 from 09.00-17.00 daily

****VENUE****

Lat Wai Event Venue

3 Red Hill Rd, Joostenberg Vlakte,

Cape Town, 7570, South Africa

Coffee & Tea will be provided for

Please bring your own lunches – a small café to buy lunch is very nearby

****INVESTMENT****

9000 ZAR

This includes:

- Full participation
- Coffee / Tea
- Extensive Manual
- Pictures & Summary

Registration via: https://www.thirzahendriks.com/events-1/whole-horse-dissection-sa

****LOCAL ORGANIZER****

If you have any additional questions, please reach out to Kathy Adams via:

kathadams75@gmail.com

****EXTRA DETAILS****

The course will be given in English

A professional photographer will make some beautiful pictures that will be provided for free after the course together with a complete file of all the findings.

The group size will be selected in such a way that every student will get enough attention for his/her specific requests or questions.

****CANCELLATION POLICY****

Special exceptions due to corona virus:

If this event cannot take place due to government issued restrictions, the event will be postponed to a later date. Participants can choose to keep the spot for the later date, or to request a refund which will then be refunded within 10 working days.

Other than corona virus:

A 30% refund will be given upon cancellation of the participant up till 12 weeks prior the event. Any cancellation on behalf of the participant within 12 weeks prior to the event will not be refunded. However, if the participant can find a suitable replacement for taking over the spot the fee can be refunded.

Upon the unlikely cancellation of the event by the organizer, a full refund of the participation fee will be given within 14 days. Additional costs like flight tickets / overnight stay will not be refunded.

You are strongly advised to close on a cancellation insurance